

MIENLO POWER BOWLS



QUINOA BOWLS

- QUINOA #110.95
with Honey, Cinnamon, Walnuts, Sliced Almonds, Pumpkin Seeds & Raisins or Craisins & Almond Milk
- QUINOA #210.95
with Sliced Almonds, Strawberries, Bananas, Blueberries, Blackberries, Raspberries (In Season), Pumpkin Seeds & Almond Milk
- QUINOA #310.95
with Two Fried Eggs, Avocado, Grape Tomatoes, Pumpkin Seeds & Vinaigrette Dressing

OATMEAL BOWLS



- BOWL of PLAIN OATMEAL #1 5.45 • with Raisins 5.95
- OATMEAL #29.95
with Honey, Cinnamon, Walnuts, Sliced Almonds, Pumpkin Seeds & Raisins or Craisins
- OATMEAL #310.95
with Sliced Almonds, Strawberries, Bananas, Blueberries, Blackberries, Raspberries (In Season) & Pumpkin Seeds



YOGURT BOWLS

- BOWL of PLAIN GREEK YOGURT5.45
with Honey & Walnuts9.95
- YOGURT BOWL10.95
with Strawberries, Bananas, Blueberries, Blackberries, Raspberries (In Season) & Granola

CLUB BREAKFASTS

SERVED FROM 6 AM TO 11 AM

NO SUBSTITUTIONS PLEASE • NOT AVAILABLE FOR TAKE-OUT

– PLEASE ORDER BY NUMBER –
EGG WHITES AVAILABLE \$1.25 EXTRA

1

TWO FARM FRESH NEW JERSEY EGGS (Any Style)
with Home Fries, Toast, Butter & Jelly
Served with Choice of Juice & Coffee or Tea

\$8.35

with Ham or Bacon or Sausage
or Taylor Ham \$11.50

3

BELGIAN WAFFLE
with Syrup & Butter,
Served with Choice of Juice & Coffee or Tea

\$9.55

with Ham or Bacon or Sausage
or Taylor Ham \$12.90

2

THREE GOLDEN BROWN PANCAKES
or **FRENCH TOAST**
with Syrup & Butter,
Served with Choice of Juice & Coffee or Tea

\$8.55

with Ham or Bacon or Sausage
or Taylor Ham \$11.90

4

WESTERN or BACON or HAM
or **CHEESE OMELETTE**
with Home Fries, Toast, Butter & Jelly
Served with Choice of Juice & Coffee or Tea

\$11.55

CHILDREN'S BREAKFAST MENU

FOR CHILDREN UNDER 10 YEARS OF AGE • NOT AVAILABLE FOR TAKE-OUT

– PLEASE ORDER BY NUMBER –

YOUR CHOICE – \$7.45

SERVED WITH CHOICE OF SMALL JUICE OR MILK



C1

TWO EGGS
(Any Style)
with Fresh Fruit or
Home Fries & Toast

C2

CHEESE OMELETTE
with Fresh Fruit or
Home Fries & Toast

C3

PANCAKES
with Butter & Syrup

C4

FRENCH TOAST
with Butter & Syrup

ANY ABOVE SERVED WITH HAM OR BACON OR SAUSAGE OR TAYLOR HAM \$2.00 EXTRA

FRUITS & JUICES

- FRESH FRUIT SALAD 4.95
 HALF MELON with COTTAGE CHEESE 8.75
 MELON (In Season) 4.95
 JUICES Sm. 8 oz. 2.90 • Lg. 16 oz. 3.90
 Orange, Pink Grapefruit, Tomato, V-8, Apple,
 Pineapple or Cranberry



LARGE FRESH COUNTRY EGGS

SERVED WITH HOME FRIES, TOAST, BUTTER & JELLY

- TWO FRESH EGGS (Any Style) 5.45
 with Ham or Bacon or Sausage or Taylor Ham ... 8.45
 with Canadian Bacon or Corned Beef Hash 9.95
 VIRGINIA HAM STEAK & EGGS (2) 17.95
 RIB STEAK & EGGS (2) 22.95



TASTY & FLUFFY OMELETTES

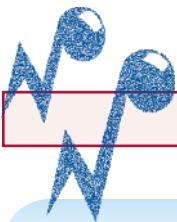
MADE WITH THREE FRESH EGGS • SERVED WITH HOME FRIES, TOAST, BUTTER & JELLY



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|---------------------------------------------|----------------------------------------------|
| PLAIN OMELETTE 6.95 | NOVA SCOTIA LOX & ONION OMELETTE 13.95 |
| WESTERN OMELETTE 9.95 | PORTABELLA MUSHROOM OMELETTE 9.95 |
| ANY CHEESE OMELETTE 9.95 | HAM & CHEESE OMELETTE 9.95 |
| HAM or BACON or SAUSAGE OMELETTE 9.95 | CRABMEAT OMELETTE 9.95 |
| SPANISH OMELETTE 9.95 | |

EGG & OMELETTE EXTRAS:

ANY CHEESE \$1.45 EXTRA • AVOCADO \$3.00
 BAGEL, ENGLISH MUFFIN OR PITA INSTEAD OF TOAST \$1.00 EXTRA • ONE FRIED EGG \$1.50 EXTRA



EGG WHITES AVAILABLE 1.25 EXTRA

EGGS BENEDICT \$12.35

Two Poached Eggs over Canadian Bacon on Toasted English Muffin, Topped with Hollandaise Sauce

HUEVOS RANCHEROS \$10.95

Two Fries Eggs on Two Corn Tortillas, topped with Refried Beans, Sliced Avocado, Cotija Cheese, Salsa & Cilantro



CREATE YOUR OWN OMELETTE

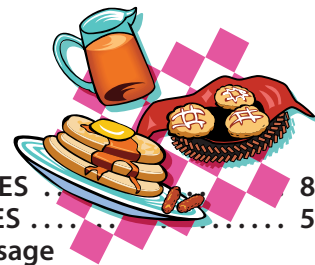
Start with our Fluffy Three Egg Omelette \$6.95
 then add your Choice of Any Two or More Ingredients For An Additional Charge:

- | | | | |
|------------------------|------------------------|---------------------|--------------------|
| Onion 1.25 | Portabella 2.00 | Feta Cheese 1.75 | Diced Chicken 3.25 |
| Pepper 1.25 | American Cheese 1.35 | Lox 4.25 | Diced Turkey 3.25 |
| Tomato 1.25 | Cheddar Cheese 1.35 | Canadian Bacon 2.45 | Salami 1.75 |
| Broccoli 1.85 | Mozzarella Cheese 1.35 | Diced Bacon 1.95 | Corned Beef 3.25 |
| Mushroom 1.80 | Swiss Cheese 1.35 | Diced Ham 1.95 | Pastrami 3.25 |
| Spinach 1.60 | Jack Cheese 1.35 | Diced Sausage 1.95 | Crabmeat 2.55 |
| Sundried Tomatoes 2.00 | | | |



PANCAKE HAVEN

SERVED WITH CREAMERY BUTTER & SYRUP



- | | |
|---------------------------------------------|------------------------------------------------|
| GOLDEN BROWN BUTTERMILK PANCAKES 6.55 | CHOCOLATE CHIP PANCAKES 8.50 |
| with Bacon or Ham or Sausage | SHORT STACK OF PANCAKES 5.75 |
| or Taylor Ham 9.95 | with Bacon or Ham or Sausage |
| with Canadian Bacon 10.35 | or Taylor Ham 7.95 |
| with Two Eggs (Any Style) 9.35 | with Fresh Fruit 7.95 |
| with Fresh Fruit 10.25 | SHORT STACK of CHOCOLATE CHIP PANCAKES .. 6.35 |

BELGIAN WAFFLES

SERVED WITH CREAMERY BUTTER AND SYRUP

- GOLDEN BROWN WAFFLE 7.00
 with Bacon or Ham or Sausage
 or Taylor Ham 9.95
 with Canadian Bacon 10.35
 with Two Eggs (Any Style) 9.55
 with Fresh Fruit 10.25
 with Ice Cream 10.25



FRENCH TOAST

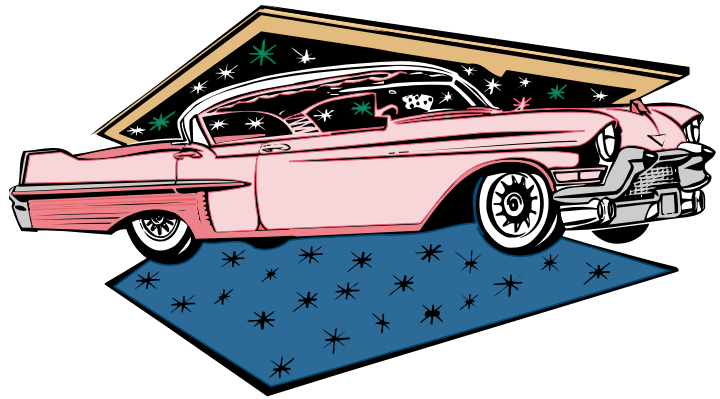
OUR OWN FRESH BAKED CHALLAH BREAD

- FRENCH TOAST 6.55
 with Bacon or Ham or Sausage or Taylor Ham ... 9.95
 with Canadian Bacon 10.35
 with Two Eggs (Any Style) 9.35
 with Fresh Fruit 10.25
 SHORT STACK OF FRENCH TOAST 6.25
 with Bacon or Ham or Sausage or Taylor Ham ... 7.95
 with Fresh Fruit 7.95

EGG SANDWICHES

FRIED EGG	3.65
with Ham or Bacon or Sausage or Taylor Ham	6.60
WESTERN EGG	6.65
TAYLOR HAM	6.55
with Cheese	6.95
with Egg & Cheese	7.50

CHEESE 1.45 EXTRA
BAGEL, ENGLISH MUFFIN or PITA 1.00 EXTRA
EXTRA EGG 1.50



BAGEL "ALL THE WAY" \$14.25

Bagel with Nova Lox, Cream Cheese, Lettuce, Tomato, Bermuda Onion, Olives and Garni

AVOCADO TOAST \$8.95

on Two Slices of Multi-Grain Bread with Tomatoes, drizzled with Raspberry Vinaigrette
Topped with Two Eggs \$10.95



MENLO BURRITO \$11.45

Scrambled Eggs, Jack Cheese, Avocado, Potatoes & Choice of Bacon or Sausage or Taylor Ham with Salsa

CEREALS

ASSORTED COLD CEREALS 4.75
with Milk

with Banana or Fresh Strawberries 5.75

TOAST & MUFFINS

BUTTERED TOAST with Jelly	2.35
HARD ROLL	2.35
TOASTED ENGLISH MUFFIN	2.45
ASSORTED MUFFINS	2.85
ASSORTED DANISH	3.35
TOASTED BAGEL with Butter & Jelly	2.60
with Cream Cheese	3.95

BREAKFAST SIDES

HOME FRIES or FRENCH FRIES	4.25
HAM or BACON or SAUSAGE or TAYLOR HAM .	4.95
TURKEY BACON or TURKEY SAUSAGE	4.95
CANADIAN BACON	6.00
CORNED BEEF HASH	6.00

BEVERAGES

COFFEE	2.00
DECAFFEINATED COFFEE	2.00
TEA with Lemon	2.00
HERBAL TEA (per bag)	2.15
COFFEE TO-GO	12 oz. 2.25 • 16 oz. 2.75
HOT CHOCOLATE	2.75
MILKSm. 2.75 • Lg. 3.25
CHOCOLATE MILKSm. 3.25 • Lg. 3.50
ICED TEA OR ICED COFFEE	3.00
SODA	3.00
SELTZER WATER	1.75



MANAGEMENT RESERVES THE RIGHT TO ARRANGE OR REFUSE SEATING
NOT RESPONSIBLE FOR PERSONAL PROPERTY • MINIMUM SERVICE 3.00 PER PERSON AT TABLES OR BOOTHS
PLATE SHARING 3.00 PER PERSON